

# Swimming Pool Session Timetable

## 18<sup>th</sup> October – 24<sup>th</sup> October

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Centre Closed</b>	<b>Centre Closed</b>	7.15am-8.15am Lane Swim 2 lanes open		7.15am-8.15am Lane Swim 2 Lanes		
		8.30am-9.30am Aqua Aerobics Casual Swim 2 Lanes	9am-10am Lane Swim	8.30am-9.30am Casual Swim	10am-11am Lane Swim	10am-11am Lane Swim
		9.45am-10.45am Casual Swim	10.15am-11.15am Casual Swim	9.45am-10.45am Aqua Aerobics Casual Swim 2 Lanes	11.15am-12.15pm Casual Sim	11.15am-12.15pm Casual swim
		11am-12pm Casual swim 2 Lanes School Booking	11.30am-12.30pm Casual Swim	11am-12pm Casual Swim 2 Lanes School Booking	12:30pm-1.30pm Casual Swim	12.30pm-1.30pm Casual Swim
		12.15pm-1.15pm Casual Swim	12.45pm-1.45pm Casual Swim	12.15pm-1.15pm Casual Swim	1.45pm-2.45pm Casual Swim	1.45pm-2.45pm Casual Swim
		1.30pm-2.30pm Casual Swim	2pm-3pm Casual Swim	1.30pm-2.30pm Casual Swim	3pm-4pm Casual Swim	3pm-4pm Casual Swim
		2.45pm-3.45pm Casual Swim	3.15pm-4.15pm Casual swim	2.45pm-3.45pm Casual Swim	4.15pm-5.15pm Casual swim	4.15pm-5.15pm Casual Swim
		4pm-5pm Casual Swim	4.30pm-5.30pm Casual Swim	4pm-5pm Casual Swim		
		5.15pm-6.15pm Casual Swim	5.45pm-6.45pm Casual swim	5.15pm-6.15pm Casual swim		
		6.30pm-7.30pm Casual Swim 2 lanes Open	7pm-8pm Casual Swim	6.30pm-7.30pm Casual Swim 2 Lanes Open		
		8.00pm-9.00pm Lane Swim	8.00pm-9.00pm Lane Swim 3 Lanes	8.00pm-9.00pm Lane Swim		

Session's will be on a first come, first served basis.

Session are 45 minutes swim & 15 minutes changing time.

A Covid declaration form **must be** signed at reception **before** each visit to the centre.

Under 10's must be accompanied by a full paying adult at all times.